

Leadersheet

The Value of Involvement

The decision is yours-to get a degree or an education. Any active student involved in student groups or volunteering in the community can attest to the learning acquired and the satisfaction experienced through involvement. By combining the skills you develop through co-curricular involvement and the knowledge gained in the classroom, you will be much better prepared in exploring and developing your total potential.

The University, as a part of its educational mission, supports and encourages participation in co-curricular activities as an integral part of your total education. The advantage of our large campus is hundreds of diverse opportunities which are offered each year. In addition to campus life, the SOU community has many additional opportunities for participation and service. Whether you wish to explore a new activity widen your circle of friends, or promote knowledge of a cause, there is probably an organization in existence to suit your needs.

What are the Benefits?

To You

- Sense of achievement
- Self development and personal growth
- Small groups with similar interests
- Develop leadership skills
- Balance for your academic life
- Valuable campus and community contacts
- Employment advantage after graduation
- Recognition for your hard work

To the University

- Involved and informed students
- Resources to address issues and concerns
- Partnerships and collaboration between students, faculty and staff

To the Community

- Valuable services performed
- Future leaders with knowledge, skills and integrity
- College graduates with leadership qualities and abilities

Don't hesitate – Get involved now!

College provides the best setting for you to explore your potential, take more risks, and try new experiences and ideas. You may ask yourself, in what activities should I become involved? These four simple questions will help you make your decision.

1. What have I been involved with previously? (Think about projects and organizations where you have been involved).
2. What did I gain from those activities? (Make a list of the skills, knowledge, personal contacts. that you gained).
3. What new skills and abilities would I like to gain? (What new skills would you like to develop through your new involvements?)
4. What am I interested in getting involved in? (Based on the skills you would like to acquire or develop, decide what activities will afford you the opportunity to develop those skills.)