



# OSHER LIFELONG LEARNING INSTITUTE



## OLLI AT SOU

### Winter 2012 Course Descriptions

**Please note: One or more of these courses may present one aspect of a matter of public debate. Views expressed by the instructor/facilitator are not necessarily those of OLLI or Southern Oregon University.**

#### Language, Literature and Film

##### 1 "J'Accuse!" The Infamous Dreyfus Affair

*Friday, 1-3:00, Room A, 5 Sessions*

*February 10-March 9*

*Michael Jasperson*

For over a decade in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries, France was torn asunder by the infamous Dreyfus Affair which saw a Jewish army officer falsely accused of treason, tried by military court-martial, convicted and imprisoned on the hellish Devil's Island. In time, the defenders of individual human rights prevailed, and Alfred Dreyfus was exonerated. But, modern France would for years be deeply scarred by passions unleashed by "The Affair". Lectures will be supplemented by outstanding DVD film material, including the 1937 Academy Award winning classic, "The Life of Emile Zola", a film celebrating the renowned novelist whose defense of Dreyfus in the impassioned newspaper indictment of the French Army high command, "J'Accuse!", brought international attention to "The Affair".

**Michael Jasperson** has taught many courses for Solir and OLLI since 1994. His post-graduate specialty at Georgetown University was Modern French History.

**Class Size: 65**

##### 2 The Best American Short Stories 2011

*Thursday, 1-3:00, Room C, 6 Sessions*

*January 5-February 9*

*Charlie West*

Pulitzer Prize-winning author Geraldine Brooks selected the 20 "best" American short stories published in the previous year. The class will discuss each story, concentrating on beginnings, endings, characterization, themes and use of language. Enthusiastic class participation is encouraged. Read the introduction, the first three stories, and the contributors' notes for the first class. **Required Material:** *The Best American Short Stories 2011*, edited by Geraldine Brooks, ISBN 978-0-547-24216-3.

**Charlie West** has led OLLI discussions of *The Best American Short Stories* for 2008, 2009, and 2010 and of Ian McEwan's novel *Atonement*.

**Class Size: 23**

**3 Three Plays from the OSF 2012 Season: *White Snake, Troilus and Cressida, and Medea/Mac.***

*Wednesday, 9-10:30, Room A, 6 Sessions February 1-March 7 Annette Lewis*

Using lecture, DVD, internet sites, and guest speakers, the class will be an analysis of *The White Snake, Troilus and Cressida, and Medea/Macbeth/Cinderella*, three plays from OSF's 2012 season. Helpful information will be presented to ready audience members to get the most from these productions. A guest speaker from the festival, from each of the three major plays will answer questions.

**Annette Lewis** majored in theatre, taught theatre, and directed high school theatre in three states in 20 years. She played *Gretel* when she was five and *Susie Jessell*, the Ashland faith healer, this summer. The love of theatre never leaves.

**Class Size: 65**

**4 *The Odyssey***

*Friday, 11-12:30, Room A, 8 Sessions January 13-March 2 Marc Ratner*

No other poet, no other literary figure in all history occupies a place in the life of his people as Homer has. For Greeks he was their pre-eminent symbol of nationhood, the main authority of their earliest history and a decisive figure in the creation of their pantheon, as well as their most widely quoted poet. His poem, *The Odyssey*, not only deals with the homeward journey of Odysseus, but presents us with the social and moral world of the early Greeks. This class will be a combination of lecture and discussion. **Required Material:** *The Odyssey* (Translated by Robert Fagles) ISBN 0-14-026886-3.

**Marc Ratner** is a retired professor of English and Comparative Literature from CSU at Hayward. Since his retirement in 1992, he has taught classes in classic and contemporary literature within the community and here at OLLI since 2002.

**Class Size: 65**

**5 Cut-Up Poetry To Go!**

*Friday, 1-3:00, Room B, 4 Sessions January 6-January 27 Sally Ehrman*

This course is a hands-on creative workshop. Participants will make poetry by cutting words/phrases out of various sources and putting them together to generate new meaning. Anyone who likes word play - poet or not - will enjoy the juxtaposition inherent in creating one text from a multitude of texts. Surprising results please everyone who has experienced cut-up poetry. Plenty of examples and guidelines will be provided. Students should expect to read finished pieces to classmates. All materials will be provided.

**Sally Ehrman** is an award-winning published poet. One of her cut-up poems is forthcoming this winter in *RATTLE Publication*. Sharing the technique of cut-up poetry continues to be a rewarding literary adventure for all.

**Class Size: 20**

**6 Not the Hero: Minor Characters in 4-5 Shakespeare Plays**

*Tuesday, 1-3:00, Room C, 5 Sessions January 3-January 31 Barbara Rosen*

What is a hero? Who is the hero in a designated play? For what purpose do the minor characters exist? The class will read 4-5 plays with these questions in mind; come to class prepared for discussion, argument and (voluntary) reading aloud. No slides. No movies. The first play will be *Twelfth Night*, followed by *The Merchant of Venice, Antony and Cleopatra, Othello* and perhaps

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*Troilus and Cressida*. **Required Material:** Any reasonably up-to-date collected edition of Shakespeare's plays. If you prefer to buy single copies, choose a good paperback with notes. This is a repeat with variations of the class offered in the Winter 2011.

**Barbara Rosen** received a Ph.D. for research in and editing of Elizabethan witch trials. She taught literature for 2 years at University of Wisconsin and 25 years at the University of Connecticut. Since retiring in Ashland, Barbara has taught at OLLI and acted in local theater.

**Class Size: 25**

### **7 *Slings and Arrows, Part II-Outrageous Shakespearean Theatre***

*Tuesday, 11-12:30, Room D, 6 Sessions*      *January 3-February 7*      *Kathy Rosengren*

For three years, the Canadian smash hit, *Slings and Arrows*, lit up television screens in both Canada and the U.S. Hilarious and outrageous, the award-winning series follows the fortunes of a dysfunctional theatre troupe, exposing the high drama, scorching battles, and artistic miracles that happen behind the scenes! During this term, students will see the second season of *Slings and Arrows*, which focuses on the drastic reorganization of the fictional New Burbage Shakespearean Festival while preparing to mount productions of *Macbeth* and *Romeo and Juliet*. There will be six 90-minute class sessions comprised of approximately 50-minute televised performance followed by discussion. No specific text is required; however, students should have access to copies of *Macbeth* and *Romeo and Juliet*. **Caution:** The films contain strong, coarse language and some sexual scenes. The discussions will not contain either!

**Kathy Rosengren** retired in 2008 from 45 years in education, including 38 years at Solano Community College in California where she served as Dean of Humanities for 29 years.

**Class Size: 35**

### **8 *Oscar and the Movies: Part II***

*Tuesday, 1-4:00, Room D, 8 Sessions*      *January 3-February 21*      *Clive Rosengren*

This class is a continuation of Part I from the Fall 2011 term. The movie parade moves into the 50's and 60's. The films tackle such issues as anti-Semitism, McCarthyism, and Civil Rights. Movies will include *Gentleman's Agreement*, *On the Waterfront*, *In the Heat of the Night*, and *Midnight Cowboy*. **Note:** *Midnight Cowboy* was rated "X" when it was initially released. That rating was subsequently softened, but still contains adult material. **Please note that this is a 3-hour class.**

**Clive Rosengren** is a retired actor who spent 18 years in Los Angeles doing the Hollywood Hustle. Despite this, he remains a rabid movie buff and has a film library of over a thousand titles. Among them are all the Academy Award-winning films and performances.

**Class Size: 65**

### **9 *Film Festival VI: Very Long but Very, Very Good***

*Thursday, 1:30-4:30, Room D, 10 Sessions*      *January 5-March 8*      *Jerry Sonnenschein*

The films the class will be watching are of "epic length", they will run for 2 ½ to 3 ½ hours in general. They are being selected and shown not for their run time, but for their quality. They will include *Children of Paradise (Les Enfants du Paradis)*, *Lawrence of Arabia* and *Barry Lyndon*, among others. A schedule of all films will be provided during the first session. Please note that this class will last three hours and in some cases longer. There will be a "seventh inning stretch" during each session and attendees may wish to bring a "pick-me-up snack". Napping will not be permitted. Each

film will have a brief introduction and a discussion period as time allows. Please note that this is a 3 to 3 ½ hour class.

**Jerry Sonnenschein** has not only been lucky enough to see many remarkable films, but he remembers many as well. He has led four prior OLLI Film Festival courses and also a discussion group on a favorite novel.

**Class Size: 40**

### 10 Meet Edith Pearlman

*Thursday, 11-12:30, Room C, 5 Sessions January 5-February 2 Barbara Hopfinger*

Edith Pearlman was the 2011 winner of the coveted Pen/Malamud Award for Excellence in Short Story. Among other winners are: Saul Bellow, John Updike and Eudora Welty. "Her view of the world is large and compassionate, delivered through beautifully precise moments...Her characters inhabit the terrain all of us recognize, one defined by anxieties and longing, love and grief, loss and exultation." (NY Times Book Review 1-16-2011). The class will read and discuss her short story collection *Binocular Vision*. Edith Pearlman was just named a finalist for the National Book Award for *Binocular Vision*. **Required Material:** *Binocular Vision* by Edith Pearlman. Please read pages 332-373 for the first session.

**Barbara Hopfinger** is an enthusiastic student at OLLI. This is the seventh time Barbara has been a short story class facilitator. She looks forward to lively discussions.

**Class Size: 25**

### 11 The Story of Language **(\*\*\*\*SORRY, THIS CLASS HAS BEEN CANCELED\*\*\*\*)**

*Monday, 1-3:00, Room D, 8 Sessions January 9-March 5 Thomas Heumann*

This class will present the "Great Course" taught by Professor John McWhorter in 24 DVDs, 30 minutes each. A fascinating, humorous, and entertaining cross-section of largely indo-European linguistics: How do languages change? Why and where? Where do language and dialect meet? How does grammar relate to it? How do languages die? Creole, Pidgin, Black English; artificial and sign language. The last lecture analyzes each word of a common sentence etymologically. This class will be most interesting for people who have been exposed to another language or two.

Comments by the facilitator will be very brief, but there will be time for discussions. **Please note that there is no class on January 16, Martin Luther King Holiday.**

**Thomas Heumann** is a former engineer and video producer who has had a life-long hobby interest in language. He learned four languages in school (Latin, Greek, French, English) and is still fluent in his native German. Of his 58 years in the US, 31 have been in Ashland.

**Class Size: 65**

### 12 OLLI Book Club

*Monday, 1-3:00, Room C, 4 Sessions Jan. 9, 30, Feb. 20, March 5 Maria Geigel*

Join us to enjoy reading and discussing four books chosen by the participants of the class the previous term. Class meets every three weeks on the dates indicated. *Shantaram* by Gregory David Roberts is based on real events in the author's life. The novel vividly portrays his tumultuous life in Bombay. *Snow Falling on Cedars* by David Guterson tells the story of a Japanese-American fisherman who may have killed his neighbor at sea. Set in the 1950's, race figures in the trial. Louisiana Governor Huey Long was Robert Penn Warren's inspiration for writing *All the King's Men*. Long was a charismatic and extraordinarily powerful governor and senator. *Beyond the Bedroom*

*Wall: A Family Album* by Larry Wolwode narrates the lives of four generations of a German Catholic immigrant family. **Required Material:** All the books mentioned above.

**Maria Geigel** has a Masters in organic chemistry and has worked in the pharmaceutical industry for 25+ years. Maria is easing into retirement, with reading filling the newly-found, free time. She also enjoys hiking, backpacking, travel, gardening, theater, folk dancing and OLLI.

**Class Size: 15**

### 13 The Art of Mizoguchi

*Friday, 9-12:00, Room E, 8 Sessions*                      *January 6-February 24*                      *Sachi Fujikawa*

This class will be a combination of lecture, film and discussion. Kenji Mizoguchi, though less well known in the West than Kurozawa or Ozu, is one of the big three of the Golden Age of Japanese Film. We will examine the nature and influence of his work on later directors. **Please note that this is a 3-hour class.**

**Sachi Fujikawa** retired from a career as a high school English teacher and counselor. Since 2001, she has taught or facilitated numerous classes related to Asian culture.

**Class Size: 60**

### 14 Jumpstart Spanish I

*Tues, Wed, Thur, 9-12:30, Room B, 3 Sessions*                      *Jan 10-Jan 12*                      *Teri Coppedge*

This is an intensive, 3-day course for true beginners (one year high school Spanish or less). Students will listen, read, write, speak and learn grammar through collaborative, creative storytelling using common words. Gestures, acting, direct translation, written language, and context clues will help you understand. Songs, photos and games connect students with Spanish cultures. **Please note that this class will be held for 3 days in one week for 3 ½ hours each class.**

**Teri Coppedge** has been using storytelling to teach Spanish since 1990. She earned an M.A. in Teaching Languages from U of Southern Mississippi. Teri has lived and studied or worked in Spain, Mexico and Peru.

**Class Size: 25**

### 15 Creating Dramatic Scenes and Monologues

*Thursday, 1-3:00, Room E, 6 Sessions*                      *January 5-February 9*                      *Dori Appel*

This workshop will explore approaches to dramatic monologues through selections from contemporary plays, as well as group exercises, improvisation and writing. **Required Material:** In addition to pen and paper, students will need to bring only an interest in the subject and an openness to new possibilities. P.S. A sense of humor is a definite plus!

**Dori Appel** is an award-winning and widely published playwright and poet. She has taught LifeScript and Theater Games at OLLI as well as related classes in a variety of settings for more than thirty years.

**Class Size: 20**

### 16 Chekhov - Short Stories

*Friday, 1-3:00, Room D, 9 Sessions*                      *January 13-March 9*                      *Ray Embry*

An examination and discussion of thirty Chekhov stories, about 50 pages per week. **Required Material:** Anton Chekhov, *Stories* (translated by Richard Pevear and Larissa Volokhonsky.) Please read the introduction and the first five stories before the first class.

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Ray Embry is a retired college teacher who has taught numerous literature courses for OLLI.

**Class Size: 22**

### 17 It's a Mystery - Reading and Discussion

*Wednesday, 11-12:30, Room C, 6 Sessions January 4-February 8*

*Lenora Clark*

This course is an unstructured discussion and critique of a series of mystery sub-categories.

Students are not required to read a book every week, but may talk about titles they have read, viewed or listened to in the past if those items fit the focus of the discussion. This will provide a collective experience of the mystery genre, with each participant will learn from each other.

Topics covered include Legal Eagles, American Southwest, 19<sup>th</sup> Century, Crime (non-fiction), Arctic Circle, and Detecting Duos.

**Lenora Clark** is a former teacher, librarian, storyteller, who has done quite a lot of travel in the Western United States. Mysteries are one of Lenora's major areas of interest. She has learned more from the series of seminars for OLLI in the past several years than she could ever have dreamed.

**Class Size: 25**

### 18 Enjoy German!

*Wednesday, 11-12:30, Room A, 8 Sessions January 4-March 7*

*Udo Gorsch-Nies*

If you have a basic knowledge of the German language, you intend to travel to Germany, or you want to keep your German alive, this is the course for you! It focuses on understanding and speaking German. We will discuss nouns and verbs and elaborate on words with double or similar meaning. **Please note that there will be no class on February 15 and February 22.**

**Udo Gorsch-Nies** is a native of Germany. He studied physics in Bonn and has worked in Geneva, Switzerland, Berlin, Germany and California. He loves to talk about the German language, history and politics.

**Class Size: 20**

## Science and Technology

### 19 Geologic Day Tripping

*Thursday, 1-3:00, SCIWRKS, 7 Sessions January 5-February 16*

*Marjorie Ratner*

Let's go on a visual tour of a few mountains and valleys that lie within a day's drive of our SOU campus. This course contains some new areas in addition to those in last Fall 2011 class.

Highlighting our diverse geology, our slide travels will circle the compass, moving NE, N, W, S and E, showing how and when these natural features formed. What changes continue to take place? What flowers will bloom and what wildlife will slip across the screen?

**Marjorie Ratner** has taught English for 25 years, then volunteered as a docent for 8 years at a California wildlife center and studied California geology. In spite of its rocky path, geology has developed as the third focus of Marjorie's life. She has taught multiple courses in plate tectonics at OLLI and is passionate about Oregon's geology and natural history.

**Class Size: 65**

## 20 How Do Musical Instruments Make Sound?

Monday, 11-12:30, Room E, 6 Sessions

January 30-March 5

John Johnson

Can you count? Can you tap your foot? Then you already have enough knowledge to understand what happens when you pluck a string on a guitar or bow a violin or sing in the shower. Learn how the energy that you put into the instrument is selectively transferred by the instrument into the room. Learn what makes a guitar sound like a guitar, a violin like a violin, and a soprano like a soprano. How is the piano designed? No musical experience is necessary.

**John Johnson** was a retired physics teacher, but OLLI interfered. He is also an ersatz musician.

**Class Size: 50**

## 21 Evolution of the Earth

Monday, 1-3:00, SCIWRKS, 6 Sessions

January 30-March 5

Ed McBride

This class will be a mixture of PowerPoint and videos. It is a revision and extension of the second half of Ed's Winter 2010 class. It will cover the violent history of the early earth 4-7 billion years ago, then cover formation of early cyanobacteria and single cells species and their impact on the earth. The new ideas on the chemistry to produce early life in 'White Smokers' will be covered. Following the Snow Ball earth event, we will discuss the first animal (the sponge), the Burgess Shale fossils (Cambrian Explosion 520 mya) and on to current life forms. We will consider the updates to Darwin's Evolution and mention leading edge concepts of 'quantum biology' and epigenetics (how cells communicate).

**Ed McBride** has a Ph.D. in physical-organic chemistry from the U of Wisconsin and has worked 39 years as a research scientist for DuPont before retiring to Ashland. Ed has taught several classes at OLLI in the past. His interests include understanding the origins of life to the extent it is feasible.

**Class Size: 75**

## 22 Journey of the Universe

Tuesday, 3:30-5:30, Room B, 10 Sessions

January 3-March 6

Elizabeth Hallett

Using materials developed by Yale Forum on Ecology, we will explore the Powers of the Universe with Cormologist mathematician Brian Surmine. We will see wondrous visuals and scientists, environmentalists and educators discussing the concept presented, followed by our own small group discussions.

**Elizabeth Hallett** is an eclectic reader, knitter, sewing, dancing, pro-labor activist. Her educational background is nursing, public health and childbirth education.

**Class Size: 25**

## 23 The Natural History and Physiology of Muscle

Friday, 1-2:30, SCIWRKS, 8 Sessions

January 6-February 24

Bernie Hartman

This class will be a comparative exploration of muscle, the engine that animates behavior in all animals. Muscle comprises 40% of the body mass of humans in decent physical shape. Crabs have them, clams have them, even lowly worms have them. Using a series of examples, the structural basis of contraction, muscle mechanics, the sources of energy to contracting muscles, and how muscle is controlled by the nervous system will be discussed. Vegans welcome!

**Bernie Hartman** has a Ph.D. in Comparative Physiology from the University of Connecticut. An avid, competitive long-distance runner until 2001, his research and publications focused on proprioception, the senses that permit coordinated control of muscles.

**Class Size: 50**

## **24 Skin: Much More Than Meets the Eye**

*Friday, 11-12:30, Room D, 4 Sessions*

*February 17-March 9*

*Anne Bellegia*

Learn about the largest organ in the human body: the skin, along with its appendages. Through lecture, discussion and demonstration, we will cover the structure and function of the integumentary system, its impact on other body systems, some common conditions, what happens to the integumentary system as we age, and the science and hype about what we can do about wrinkles and other topical symptoms of aging. One session will include a local dermatologist. Class members should come prepared at the first session with questions that they would like to have answered during the course, either by the instructor or the guest dermatologist. No special science background necessary.

**Anne Bellegia** received a degree in Science from Penn State University. She is a former marketer of and consultant on numerous prescription and OTC health-care products, including several in the dermatology arena. She has taught at OLLI previously on ways to harness the power of touch.

**Class Size: 65**

## **25 The Internet - What It Is, How It Works**

*Tuesday, 9-10:30, Room E, 2 Sessions*

*February 7-February 14*

*Bill Bartlett*

This will be a fun and informative exploration into this now ubiquitous part of daily life. Who really invented it? Who owns it? Is it really free? What is a browser? What is a cookie? Is it safe? The class will be a complete examination of the internet to help users better manage their web experience. Expect a thorough overview from searching to downloads to bookmarks and much more!

**Bill Bartlett** is a retired owner of numerous small businesses and remains the owner of Ashland Travel & Safari Company, professional travel planners. He also serves as the Managing Director of Orange Creative Group, a tri-state branding and marketing service agency.

**Class Size: 65**

## **26 Patterns in Nature**

*Wednesday, 3:30-5, Room C, 5 Sessions*

*January 11-February 8*

*Shoshanah Dubiner*

This class will be a richly-illustrated tour of the recurring visual patterns in nature and of various artists' work based on those patterns. Spirals, waves, explosions, branches, and 120-degree angles are Nature's favorites. How and why do these forms arise? Physics and chemistry offer answers to lovers of both art and science. Primarily lecture-based with some hands-on exercises. **Optional**

**Material:** Bob Strohm, *Patterns in the Wild*, National Wildlife Federation, 1992, ISBN-10: 0945051530 and Philip Ball's "*Shapes*," "*Flow*," "*Branches*".

**Shoshanah Dubiner** is a highly-regarded artist whose own paintings reflect her interest in patterns in nature. She has been studying these patterns since 1972, when she read D'Arcy Thompson's *Growth and Form*. She first lectured on this topic at the Stanford Humanist Society.

She has studied Cell Biology at SOU and presented lectures about the art-science connection at the 2008 and 2010 annual conferences of the American Association for the Advancement of Science, Pacific Division.

**Class Size: 25**

## Social Science and History

### **27 Wisdom for Today: Proverbs of Buddha and Solomon**

*Monday, 3:30-5, Room D, 4 Sessions*                      *January 30-February 20*                      *Ed Sherman*

Nuggets of wisdom from two of the wisest men in history are compared side-by-side. The proverbs of Buddha (525 BC) and Solomon (950 BC) are reviewed in topical groupings corresponding with Buddha's Four Noble Truths and the Steps of his Eightfold Noble Path. Frequent audience participation will be encouraged in commenting on side-by-side comparisons of specific pairs of proverbs of Buddha and Solomon. Historical and textual evidence will be reviewed suggesting the possibility that Buddha might have been influenced by Solomon's writings. **Optional Material:** Ed Sherman's book, *Buddha and Jesus: Could Solomon Be the Missing Link?*

**Ed Sherman** has been a highly successful management consultant for nearly 40 years. Ed is a graduate of UC San Diego with a Bachelors and Masters Degree. He has had a lifetime interest in comparative religion and has lived in Ashland since 1991. A follower of Jesus, he is very respectful of Buddha. He is the author of the recently published book, *Buddha and Jesus: Could Solomon Be the Missing Link?* This book will be available to purchase for \$6.00 from Ed.

**Class Size: 65**

### **28 Three Religions of Ancient India**

*Tuesday, 1-3:00, Room A, 10 Sessions*                      *January 3-March 6*                      *Ean Roby*

From about 500 BCE to around 1000 CE, ancient India was home to three great religions: Hinduism, Jainism and Buddhism. This course will focus on the historical development of these traditions and their similarities and differences. Major figures (e.g., Mahavira, Buddha, Pantanjali, Nargarjuna, Shankara) will be emphasized, as will major texts.

**Ean Roby** is Professor Emeritus at Ohlone College in Fremont, California.

**Class Size: 65**

### **29 Buddhist Insights for Today's Challenges**

*Tuesday, 3:30-5, Room C, 10 Sessions*                      *January 3-March 6*                      *Jim Bronson*

This course will offer an overview of practical Buddhist teachings from its beginnings in India in the fifth century B.C.E. to modern Western Buddhism. Through interactive discussion, we will focus on secular wisdoms that support living vibrantly in our modern world. In addition to readings and videos, some meditation opportunities will be included. No background knowledge will be required.

**Jim Bronson** has an MBA and began working with the inner life and spiritual traditions as a student of Krishnamurti through a meditation course in 1968. Jim has focused on expressing his practice in the world by providing community outreach and education through Kara ([www.kara-grief.org](http://www.kara-grief.org)) for people and groups dealing with tragedy and loss.

**Class Size: 25**

### **30 The 1787 Constitutional Convention**

*Wednesday, 9-10:30, Room D, 4 Sessions January 4-January 25*

*Joel Marks*

The Constitutional Convention of 1787 is not talked about much because most Americans are not exactly sure what happened. I will start with General Washington at the battle of Trenton, up to the need for the Convention and the circumstances. We will then discuss how the Founders got their great ideas and who were the movers and shakers of the Convention. We will then talk about the specifics of the Convention and representation, slavery, the commerce clause, Franklin's pleas for prayer, what the founders feared most, who signed and who did not, the consensus building and compromise, the methods of voting, etc. At this point, we will talk about ratification in the states up to and including Washington as President and the adoption of the bill of rights.

**Joel Marks** has an MBA from the City University of Seattle. He has been a lifelong student of government: elected office 4 years as City Council, 5 years on the school board, 2 years with the Water/Sewer Board and 6 years with the RVTD.

**Class Size: 65**

### **31 Thomas Jefferson: Apostle of Liberty**

*Wednesday, 9-10:30, Room D, 4 Sessions February 1-February 22*

*Joel Marks*

Thomas Jefferson was the greatest of Americans. What made his life so great and amazing? His upbringing and schooling, Monticello, The Declaration of Independence, his term as Governor of Virginia, Minister to France, his wife's tragic death and the effect on his life, Secretary of State, his battles with Alexander Hamilton, his deep respect for learning, archeology, architect, musician, physician, paleontologist, writer, farmer, lawyer, linguist and on and on.

**Joel Marks** has an MBA from the City University of Seattle. He has been a lifelong student of government: elected office 4 years as City Council, 5 years on the school board, 2 years with the Water/Sewer Board and 6 years with the RVTD.

**Class Size: 65**

### **32 Healthcare Through an Economics Perspective**

*Friday, 1-2:40, Room E, 6 Sessions*

*January 13-February 17*

*Doug Gentry*

OLLI members who have taken Real World Economics will recognize the format of this class. We use simple economic concepts to look at and understand important, real world issues. We will look at how healthcare is financed and delivered; with particular attention to the United States, but also looking at some other countries. We will explore the goals and features of the recently passed Healthcare Reform Bill including the good, the bad, and the ugly. We will work to understand what drives demand for healthcare services and how the supply of those services is so unique. We will use Jackson County and Oregon information as important examples in our understanding of the healthcare system.

**Doug Gentry** teaches principles of economics courses and an upper division course in healthcare economics at SOU. He particularly enjoys introducing what most assume to be a pretty dry discipline - and providing applications for economic analysis in our daily lives. Both here at SOU and earlier at Saint Mary's College of California, Doug has a good deal of experience in working with lifelong learners. They are his favorite students!

**Class Size: 25**

### **33 Predictably Irrational? The Psychology of Decision-Making**

*Thursday, 9-10:30, Room D, 4 Sessions*

*February 16-March 8*

*Pam Haunschild*

Have you ever wondered why a particular decision you made turned out badly? It turns out there are many ways in which we all depart from rationality in our everyday decisions. We are all "predictably irrational." In this highly interactive course, we will experience simulations and exercises, participate in experiments, and hear about a body of research in Psychology and Economics that reveals why we depart from rationality and what we can do to make better decisions. Plan to have fun as we engage in the task of recognizing where we depart from the ideal and what we can do about it!

**Pam Haunschild** is a mostly retired Professor of Business Administration at the University of Texas-Austin. She lives in Ashland where she continues her academic career part time, teaching at various universities around the world. Prior to joining the University of Texas, Pam was at Stanford University and University of Wisconsin-Madison. Her specialties are in the areas of decision making and organizational learning, with a focus on the hidden forces that shape decisions.

**Class Size: 40**

### **34 World War II - The New 30-Years War**

*Wednesday, 3:30-5, Room E, 10 Sessions*

*January 4-March 7*

*Bob Stagner*

This lecture course will cover the causes, operations and postwar effect of World War II. The emphasis will be on historical actions and strategies employed by the various combatants with consequent results. Extensive use of maps and video will enhance the lectures and the class will be furnished copies of the instructor's notes in lieu of written texts. This class will begin where the Fall 2011 class left off, AT Pearl Harbor and probably continue into about late 1943. The class will continue into the Spring 2012 term.

**Bob Stagner** has an MBA and a background in Distribution Management. He has an avocation in history and has read extensively on World War II. As the son of a navy officer, Bob grew up in the military and has always been interested in the military/civilian interface.

**Class Size: 65**

## **General**

### **35 How to Use Your Digital Camera**

*Friday, 3:30-5, Room E, 3 Sessions*

*January 6-January 20*

*David Vanderlip*

The class will take a look at the basics of photography as well as some of the core functions and concepts that will make using your digital camera more enjoyable and more successful.

**David Vanderlip** is a professional digital photography instructor, trainer and consultant with over 25 years of experience in all areas of the photographic industry.

**Class Size: 40**

### **36 Organizing Your Digital Photos**

*Friday, 3:30-5, Room E, 3 Sessions*

*January 27-February 10*

*David Vanderlip*

In this presentation, we will cover the process of importing, sorting, organizing, storing and backing up your digital photos. The class will look at the basic operating system organization as well as using photo organizing software programs.

**David Vanderlip** is a professional digital photography instructor, trainer and consultant with over 25 years of experience in all areas of the photographic industry.

**Class Size: 40**

### **37 Getting Started with Google's Picasa to Organize Your Photos**

*Friday, 3:30-5, Room E, 3 Sessions*

*February 17-March 2*

*David Vanderlip*

Getting your digital photos organized is an important part of digital photography. In this class, we will focus our attention on Google's free Picasa program. We will cover getting photos from the camera, sorting, organizing, editing, exporting and sharing. A comparison to Photoshop Elements will also be addressed.

**David Vanderlip** is a professional digital photography instructor, trainer and consultant with over 25 years of experience in all areas of the photographic industry.

**Class Size: 40**

### **38 Organic Gardening**

*Monday, 11-12:30, Room C, 6 Sessions*

*January 23-February 27*

*Peggy Wines*

The class will learn about what is organic, soil improvement, planting methods, composting and much more.

**Peggy Wines** has been an organic gardener for more than 30 years, and she is still learning. She has been a gardener since she was five, learning from her gardener father.

**Class Size: 25**

### **39 English Country Dance**

*Thursday, 11-12:30, Room F&G, 10 Sessions*

*January 5-March 8*

*Brooke Friendly*

From lyrical to lively, silly to sublime, English country dance dates from the 1600's. Discover dances of Jane Austen's time as well as newly composed dances. Learn about cultural aspects and history of this joyful living tradition as you enjoy moving to beautiful music. This is an 'on-your-feet' and social class. No partner is necessary. **Please note that this class is held in Cascade**

**Rooms F and G.**

**Brooke Friendly** has taught English country dance for 30 years. She teaches a weekly community class in Ashland, an academic course at SOU, and at camps and events around North America. She and her husband are well-known internationally as dance composers. Brooke loves sharing the community and artistic aspects of this dance form.

**Class Size: 40**

### **40 Sailing Away**

*Friday, 11-12:30, Room C, 4 Sessions*

*February 17-March 9*

*Jan and John Limb*

You will hear the story of one couple who decided to buy a sailboat and sail away into the sunset. Each presentation will cover one particular geographical area with slides and impressions and will discuss one aspect of the cruising life. Live vicariously or plan your own escape. Sessions include: (1) Bahamas: Preparing for an adventure; (2) Eastern Caribbean: How to configure and operate the boat; (3) Western Caribbean: Cooking aboard; the cruising community. (4) Western Mexico: adventures and misadventures.

**Jan and John Limb** bought an Island Packet 35 in 1999. After retiring in 2002, they spent much of the next 8 years cruising the Bahamas/Caribbean and the West Coast of North America.

**Class Size: 25**

Website: [www.sou.edu/olli](http://www.sou.edu/olli)

#### 41 Singing for Fun

Tuesday, 3:30-5, Room E, 6 Sessions

January 3-February 7

Gibrick/Viani

The class will be singing a diverse collection of songs, from chants and rounds to world music and four-part classical music that the instructors have enjoyed doing with groups over the past 40 years. We promise that you will be singing at least 3-part music within the first fifteen minutes.

**Joyce Gibrick** started singing harmony and arranging music in middle school beginning with the Everly Brothers and the McGuire Sisters. She was the assistant conductor for the San Francisco Rockin Solidarity Labor Heritage Chorus. From 1999-2006, Joyce taught music in the Oakland public schools. Currently, Joyce is singing with the Jefferson State Chorale Coalition.

**Sooney Viani** has been singing with Women with Wings for several years and for the last two with the Threshold Choir. As a former Ashland Elementary School teacher, she has an endless supply of fun songs

**Class Size: 50**

#### 42 Intermediate Knitting

Monday, 1-3:00, Room B, 7 Sessions

January 23-March 5

Kay Johnson

Make your knitting more interesting and challenging. Learn a variety of new stitches and techniques. Topics covered will include: knit and purl combination patterns, cables, plaits, bobbles, seed stitch, yarn-over, eyelet, knitting in the round with circular and double-pointed needles.

Participants will make sample swatches of each stitch or technique, or if desired, can make scarf "samplers". This is not a Beginner's class. Participants must know basic knitting stitches: knit, purl, cast-on and bind-off. This is a repeat of the course offered in the Winter of 2010 and 2011.

**Required Material:** Worsted weight white or cream-colored yarn, knitting needles medium size, cable needle, circular needle medium size and a set of double-pointed needles medium size.

**Kay Johnson** is an experienced knitter who learned how to knit while in college. She has completed many dozens of sweaters, socks, hats, afghans, etc. over the years. She continues to learn new approaches to knitting.

**Class Size: 12**

#### 43 Everything Macintosh...(Well, almost)

Wednesday, 9-10:30, Room E, 5 Sessions

January 4-February 1

Nick Viani

This will be a hands-on experience for owners of Macintosh laptop computers. Tables will be available and don't forget your power cord. Those with desktop models are, of course, welcome, but this course will *not* be helpful to iPad users. The Macintosh is very user-friendly, as is this updated version of a course Nick offered a couple of years ago. Topics will include file management, navigating, preferences, backing up your data, and regular maintenance. We will also examine some apps that ship with the new machines (iTunes, iPhoto, Safari and Mail) and download some freeware titles you simply can't live without.

**Nick Viani** is a happily-retired educator and photographer. He bought his first Apple computer nearly 30 years ago.

**Class Size: 25 (CL#43 Note: a second class has been added. Call the office for details.)**

#### **44 It's an Inside Job: Do You Want a Home-Based Business?**

*Monday, 11-12:30, Room D, 8 Sessions*

*January 9-March 5*

*Barbara Swanson*

This course explains what it takes to truly "be your own boss". It is part practicum, with statistics; part personal growth, with exercises; and part psychology class, to clarify how to successfully work for yourself. **Required Material:** pencil and paper, colored pens and pencils; glue sticks and construction paper. **Please note that there is no class on January 16, Martin Luther King Holiday.**

**Barbara Swanson** has been an entrepreneur for over 20 years. She has a successful home-based business with several thousand clients and several hundred business associates. Barbara loves to help people succeed, and success is not defined by me, but by their desires.

**Class Size: 65**

#### **45 Backpacking on the Pacific Crest and Colorado Trails: Strategies for Success**

*Monday, 3:30-5, Room A, 4 Sessions*

*February 6-February 27*

*Mary Kwart*

So you want to hike from Mexico to Canada on the Pacific Crest Trail? Or traverse parts of the fabled Rocky Mountains on the Colorado Trail? Join me in an exploration of the gear, food, logistics, physical and mental preparation needed to complete these amazing journeys, whether in one year or over many years. Emphasis will be on backpacking techniques for long distance section hiking (1 week to 3 months). PowerPoint slide presentations will be used as well as gear samples to look over and handouts of relevant information.

**Mary Kwart** has been doing long distance backpacking since 1971. She completed 1000 miles of the Pacific Crest Trail in 2010 achieving a lifelong dream. Mary is retired from Federal Wildland Fire Management where she worked on several National Forests and National Parks.

**Class Size: 40**

#### **46 Lightweight Backpacking**

*Tuesday, 1-3:00, SCIWRKS, 5 Sessions*

*February 7-March 6*

*Tysen Mueller*

Have you backpacked in your younger years? Are you interested in exploring this great pastime? Are you aware of the new backpack technologies such as lightweight equipment, trekking poles, GPS receivers and trip planning software? Come join me in exploring the exhilaration of backpacking in the Pacific Northwest. PowerPoint slide presentations will be used together with some gear demonstration.

**Tysen Mueller** is a retired engineer who started backpacking again at age 66 after a 10-year hiatus. He completed a 50-mile, 6-day, backpacking trip on the Pacific Crest Trail through the Marble Wilderness in northern California. He also founded the Backpack Interest Group in 2009 which takes 3-day and longer backpacking trips in Oregon and northern California.

**Class Size: 30**

#### **47 Photos from San Diego to Banff and More**

*Wednesday, 11-12:30, Room D, 5 Sessions*

*January 4-February 1*

*Ken Deveney*

This class will view photos, with commentary, taken in San Diego, Palm Springs, Donner's Pass, and Banff National Park. It includes Joshua Tree National Monument and Anza-Borrego State Park. There will also be tips on taking photos in this class.

**Ken Deveney** has been taking photos since 1946 and is a member of the Southern Oregon Photographic Association. His photos are on exhibit at the Galleria Karon in Ashland. Ken has taught a variety of courses at OLLI.

**Class Size: 65**

#### **48 All About Cruises**

*Wednesday, 9-10:30, Room C, 3 Sessions February 22-March 7 Jim Watkins*

Relying on lecture/discussion, this class will cover information needed and helpful to potential cruisers. How to choose a cruise? What to expect on a cruise? How to maximize your cruise experience? If time permits, two videos will be shown.

**Jim Watkins** is a veteran of sixteen cruises to many ports of the world on cruise lines of varying degrees of luxury. He sold cruises for two years and has taught this class twice before. He has also taught several other classes for OLLI.

**Class Size: 25**

#### **49 Women in the Global Community: A Spirituality of Empowerment**

*Tuesday, 1-3:00, Room B, 7 Sessions January 17-February 28 Louise Pare*

In today's global community, women face greater challenges than ever before to their inherent worth and dignity. At the same time, women are meeting these challenges by drawing on the deep resources of a spirituality of empowerment that has ancient roots. What are the characteristics of this spirituality? How does it empower contemporary women? How does this empowerment manifest itself in the lives of women in the global community in ways that provide hope for us all?

**Required Material:** *Half the Sky: Turning Oppression into Opportunity for Women Worldwide* by N. D. Kristoff and S. WuDunn, 2009, ISBN 978-0-307-26714-6. Read the introduction and Chapters 1-2 for the first class. Class will combine lecture, group discussion, reflective writing and expressive arts.

**Louise M. Pare** has a Ph.D. in Women's Spirituality from CIIS. She brings over 30 years of teaching experience in the fields of women's and adult education, religious studies, yoga philosophy, psychology and science.

**Class Size: 25**

#### **50 How to Buy and Sell on eBay and Craig's List**

*Tuesday, 1-3:00, Room E, 2 Sessions February 7-February 14 Bill Bartlett*

This is a practical guide for new or infrequent users to register, research, buy and/or sell merchandise on eBay and Craig's List with special emphasis on protection from fraud and identity theft. The course will include all aspects of the process including payment and shipping options and the handling of returns or exchanges.

**Bill Bartlett** is a retired owner of numerous small businesses and remains the owner of Ashland Travel & Safari Company, professional travel planners. He also serves as the Managing Director of Orange Creative Group, a tri-state branding and marketing service agency.

**Class Size: 65**

## Personal Development and Health

Certain OLLI at SOU classes may explore personal experiences of an emotional nature. Those who would like to discuss special concerns further are encouraged to do so with a licensed professional in the field outside of the OLLI class. OLLI and/or Southern Oregon University do not endorse the personal development entities presented here.

### 51 Conscious Relationships - Growth & Enrichment for Healthy People

*Friday, 3:30-5:45, Room D, 10 Sessions January 6-March 9 Natalie and John Tyler*

This class will teach practical skills for improving and enhancing relationships, including Communication Skills, Anger Management, Conflict Resolution, Caring Behaviors, Forgiveness, and IMAGO Healing, Values Clarification, High Energy Fun, Keeping the Romance, Reigniting the Spark, and the spiritual practice of staying soul connected. The class will provide a safe, nurturing environment in which we will experience laughter, fun, stories, relationship exercises, guided imageries, connection and bonding. Handouts of the exercises will be furnished. Weekly Home Fun assignments will be given and discussed. **Please note that this class is limited to couples.**

**Natalie Tyler, Ph.D. and John Tyler, M.A. Psychology, J.D.** have been married for 27 years and have 7 children and 8 grandchildren. They specialize in IMAGO couple therapy and coaching couples, families and businesses, training internships and consulting for psychotherapists. They are Diplomates of the Transactional Analysis Gestalt Redecision Therapy Association. Their published book is *Happily Married Forever—Putting Love First, Making Love Last*.

**Class Size: 60**

### 52 Beyond Diets: Eating for Life

*Monday, 9-10:30, Room D, 8 Sessions January 9-March 5 Barbara Swanson*

This course gives a working, layman's education on the complex subject of nutrition. Class includes lecture and demos as well as individualized health/nutritional intakes. The material is easy to understand, includes useful science on how nutrition affects aging, and students will get simple guidelines to avoid premature aging processes. No prior education is needed. No books are required. **Please note that there is no class on January 16, Martin Luther King Holiday.**

**Barbara Swanson** has been studying nutrition for over 20 years. She has had classes with some of the foremost nutritional experts in the field of alternative health, including Viktoras Kulvinskas, Steve Gagne and Russell Mariani. Barbara's philosophy is that any positive choice is better than none! Therefore, she helps people prioritize their nutritional needs and choices in the simplest way possible.

**Class Size: 65**

### 53 American Heart Association Heartsaver CPR and AED for Adults and Children

*Monday, 1-5:00, Room E, 1 Session January 9 Clark Custodio*

This course is the most current American Heart Association Heartsaver CPR (Cardio Pulmonary Resuscitation) with AED (Automated External Defibrillator). It is taught using a practice along video presentation with direct coaching by the instructor. This course will only teach CPR with AED for adults and children only...infants will not be covered. No prior knowledge by the student is necessary. This is a hands-on AAHA Adult AED course and the students who successfully complete the course will receive an AHA Course Completion Card. Space is limited to a maximum of nine (9) students per session. Each session is a complete AHA Heartsaver course. Students only have to

attend one of the sessions. Please note that there are 3 separate classes being held on this topic.

**Clark Custodio** is an AHA certified Basic Life Support (BLS) instructor who is authorized to conduct Cardio Pulmonary Resuscitation (CPR) training. He is a BLS sub contractor for the Asante Health System. He is also a retired Deputy Fire Chief with almost 36 years experience in emergency medical aid. He has taught this class at OLLI on many occasions

**Class Size: 9**

**54 American Heart Association Heartsaver CPR and AED for Adults and Children**

*Monday, 1-5:00, Room E, 1 Session*

*January 23*

*Clark Custodio*

Same as Class #53.

**55 American Heart Association Heartsaver CPR and AED for Adults and Children**

*Monday, 1-5:00, Room E, 1 Session*

*January 30*

*Clark Custodio*

Same as Class #53.

**56 Growing Gold: Soul Making in the Second Half of Life Part II**

*Tuesday, 3:30-6:30, Room A, 10 Sessions*

*January 3-March 6*

*Carl Marsak*

In this year-long series of classes, we will explore numerous important questions related to psychological and spiritual growth in the second half of life. This includes: What is spiritual maturity? What are our Soul's highest values? How can we become "exceptional elders" and "living treasures?" How can we create and leave a legacy worthy of our name? There will be teaching pieces, dyad and triad exercises, homework assignments (optional), and occasional movies. **Required Material:** *Finding Meaning in the Second Half of Life: How to Finally, Really Grow Up*, by James Hollis, Ph.D. **Please note:** Each class will vary in length from 120-180 minutes depending on the material being presented that week.

**Carl Marsak Carl M.A.** founded the Enneagram Center of Ashland in 2008. He has graduate degrees in Religious Studies (NYU) and Social and Cultural Anthropology (CIIS) and has been studying the Enneagram since 1987. Carl was professionally certified in 2003 by Helen Palmer and David Daniels, M.D., as an Enneagram teacher in the Narrative Tradition.

**Class Size: 65**

**57 Exploring Awakenings through Film II**

*Thursday, 1-4:00, Room A, 8 Sessions*

*January 5-February 23*

*Marla Estes*

In this 8-week class, we will explore different forms of "awakenings" through watching films and class discussions. Films will include: The Visitor, Angel-A, Six Degrees of Separation, Another Woman, Cherry Blossoms. Please note that all of these films will be different than those shown in the Exploring Awakenings through Film Class I. **Classes are 3-hours each.**

**Marla Estes, M. A.** is an Ashland writer, teacher, workshop facilitator and mentor. She uses film as a way to understand ourselves and others. Visit her website at [www.marlaestes.com](http://www.marlaestes.com).

**Class Size: 65**

**58 Wild Goose Qi Gong**

*Monday, 1-2:30, Room A, 6 Sessions*

*January 9-February 20*

*Nathalie Prettyman*

The Wild Goose Qigong practices are a complete healing system. Wild Qigong is one of the most famous and widely practiced Qi Gongs in China today. As a movement-oriented qigong, Wild Goose

Website: [www.sou.edu/olli](http://www.sou.edu/olli)

movements are meant to activate various acupoints and allow energy to flow in the major channels in the front and back of the torso. It can increase inner strength and flexibility, improve immune function and circulation, develop breath and movement, and help develop sensitivity to our inner energy flow. The movements are dance-like and feel light and joyful while the meditations are peaceful and relaxing. **Please note that there is no class on January 16, Martin Luther King Holiday.**

**Nathalie Prettyman**, Ph.D. is a senior student of Dr. Binkun Hu, Medical Qigong master.

**Class Size: 20**

### **59 Physical Therapy - Understanding Prevention and Treatment of Physical Challenges**

*Thursday, 9-10:30, Room E, 3 Sessions*

*February 23-March 8*

*Gavin Kleiman*

This course will be interactive using PowerPoint presentations and physical models. Students are encouraged to ask questions with the goal of understanding the nature, prevention and treatment of physical conditions as they relate to Physical Therapy. We will discuss common problems such as spine and joint pain, walking/running injuries, posture, bone density, current joint replacement advances, headaches, footwear, yoga, stretching, gym exercises, etc.

**Gavin Kleiman** has been a Physical Therapist for 19 years. He was trained in South Africa before moving to the US in 1994. Gavin owns a private practice with emphasis in Orthopedic Manual Therapy. Gavin believes pain is an expression of an imbalance in the body. His focus, together with his patience, is to understand this pattern so that we can formulate a balanced treatment approach.

**Class Size: 65**

### **60 Spiritual Cinema Afternoons**

*Wednesday, 3:30-6, Room D, 10 Sessions*

*January 4-March 7*

*Carl Marsak*

This class will introduce students to ten different films that are on various spiritual topics, including: forgiveness, spiritual psychology, healing, saintliness, reincarnation, angels and more. Each class will begin with an introduction by the instructor, followed sometimes by a dyad or triad exercise and then the movie which varies in length from 70 minutes to 131 minutes. Afterwards, students can stay longer to discuss what interested and moved them, including the spiritual and psychological themes and lessons. We will be showing six feature films and four documentaries.

**Carl Marsak M.A.** founded the Enneagram Center of Ashland in 2008. He has graduate degrees in Religious Studies (NYU) and Social and Cultural Anthropology (CIIS), and has been leading Spiritual Cinema Nights and Afternoons in Mt. Shasta and Ashland since 2007.

**Class Size: 65**

## **Art and Music**

### **61 Chinese Visual Arts in a Cultural Context, Part III**

*Monday, 11-12:30, Room A, 6 Sessions, revised dates: January 23-March 5*

*Alan Pendleton*

This is the third class of a five-part series. Throughout the series we will explore Chinese pottery, bronze casting, carving, painting and calligraphy, but with an emphasis on place (Chinese geography), worldview (folk religion, Daoism, Confucianism and Buddhism and social conditions), and, in outline form, history. The first class explored Neolithic pottery, the Xia, Shang and Zhou dynasties and their precursors, and the bronze and carving work of the first two historical

dynasties, the Shang and the Zhou. The second class explored this art thru the Han Dynasty. This class will begin with a review of the Han period and then move on to the Three Kingdom's period (265 CE) and thereafter for as long as we proceed.

**Alan Pendleton** was trained as a docent at the Asian Art Museum of San Francisco and served in that capacity awhile. He has a long-term interest in Asian art, history and philosophy. He is a generalist, not a specialist. Moreover, he is only vaguely acquainted with the Chinese language, so be forewarned.

**Class Size: 65**

## **62 Hail, Columbia! How American Culture Influenced European Music**

*Wednesday, 11-12:30, Room E, 6 Sessions January 4-February 8 Keith Campbell*

The impact of American discovery, exploration, myth and cultural encounter has created musical repercussions since 1492. This class will examine, through discussion and musical example, European composers whose music is based on the openness of America's landscape and frontier, the narratives of blacks and native Americans, the poetry of Longfellow, Whitman and Poe, the rhythms of Broadway, Hollywood, blues and jazz, and the innovations of America's avant garde.

**Keith Campbell** is a retired public school music specialist with a special interest in the development of musical culture in America.

**Class Size: 65**

## **63 Jazz: The Piano Perspective**

*Thursday, 11-12:30, Room E, 8 Sessions January 5-February 23 Charley Pagani*

This is a companion course to a similar one taught at OLLI called Jazz: The Guitar Perspective. It is a music appreciation course devoted to the role of the piano in American Jazz music. The sessions consist of presentations, guided listening, discussion, and perhaps some illustration at the keyboard. The course is organized around the great players, but takes musical side-trips to focus on the history and development of jazz, and the key people in its development. We will also consider the role and the instrument in various situations: solo, duos, as accompaniment, in big bands and small groups. If you already enjoy jazz, the course may suggest some fresh things to enrich your listening experience.

**Charley Pagani** is a jazz pianist with deep affection for music in all its forms. Classically trained from age six, and a music major in college, Charley explored everything from classical organ to garage-band rock before settling on improvisatory jazz.

**Class Size: 60**

## **64 Concerts in the Rogue Valley**

*Tuesday, 11-12:30, Room E, 7 Sessions January 17-February 28 Margaret Evans*

This class will offer concert previews of events sponsored by the Rogue Valley Symphony, Chamber Music Concerts, the Southern Oregon Repertory Singers and Music at St. Marks. No previous musical experience is necessary. We will look at the history of pieces and musical styles as well as listen to some of the works being presented.

**Margaret Evans** is Professor of Music Emerita at SOU. She is Music Director at St. Mark's Episcopal Church in Medford.

**Thomas Stauffer** is Professor of Music Emeritus at San Diego State University. He continues to be much involved in chamber music.

**Class Size: 65**

**MEDFORD CLASSES START ON THE FOLLOWING PAGE**

## Medford Classes

Please note that all Medford OLLI Classes are held in the Higher Educational Center in Medford located at 101 South Bartlett Street.

### 65 How to Use Your Digital Camera

Thursday, 3:30-5, HEC226, 3 Sessions

January 5-January 19

David Vanderlip

The class will take a look at the basics of photography as well as some of the core functions and concepts that will make using your digital camera more enjoyable and more successful.

**David Vanderlip** is a professional digital photography instructor, trainer and consultant with over 25 years of experience in all areas of the photographic industry.

**Class Size: 40**

### 66 Climate Change and the Rogue Valley

Tuesday, 1-3:00, HEC226, 10 Sessions

January 3-March 6

Alan Journet

This course will explore the scientific explanation for climate change along with physical and biological consequences. It will discuss skeptic arguments, what the projected consequences are for the Rogue Valley, and what local residents might do to address the issue. It will be based on interactive PowerPoint presentations and discussions.

**Alan Journet** retired in June 2010 after teaching in the Biology Department at Southeast Missouri State University for 30 years where he taught ecology, conservation biology and science process courses. This experience generated in Alan an awareness of how science explores the universe, and what the potential impact of climate change might be both for the natural systems of the planet and human agricultural, forestry and fisheries activities that rely on them.

**Class Size: 45**

### 67 Evolution of the Earth

Tuesday, 3:30-5:30, HEC226, 6 Sessions

January 31-March 6

Ed McBride

This class will be a mixture of PowerPoint and videos. It is a revision and extension of the second half of Ed's Winter 2010 class. It will cover the violent history of the early earth 4-7 billion years ago, then cover formation of early cyanobacteria and single cells species and their impact on the earth. The new ideas on the chemistry to produce early life in 'White Smokers' will be covered. Following the Snow Ball earth event, we will discuss the first animal (the sponge), the Burgess Shale fossils (Cambrian Explosion 520 mya) and on to current life forms. We will consider the updates to Darwin's Evolution and mention leading edge concepts of 'quantum biology' and epigenetics (how cells communicate).

**Ed McBride** has a Ph.D. in physical-organic chemistry from the U of Wisconsin and has worked 39 years as a research scientist for DuPont before retiring to Ashland. Ed has taught several classes at OLLI in the past. His interests include understanding the origins of life to the extent it is feasible.

**Class Size: 45**

## 68 Cells R Us

Tuesday, 11-12:30, HEC226, 8 Sessions January 10-February 28 John Kloetzel

Cells are the building blocks of all life. But what defines a cell? What basic kinds are there? How do cells "work?" Principles of cell organization will be presented: cell membranes, nucleus vs. cytoplasm, cellular organelles and their functions, cell specialization and reproduction. No previous science background required (a few 'stick molecules' will be drawn). This class is primarily lecture with directed discussions.

**John Kloetzel** has taught university-level biology for 37 years. He received his Ph.D. in Biology from The Johns Hopkins University. His research in cell biology has used methods ranging from the electron microscopy to molecular techniques such as gene sequencing.

**Class Size: 45**

## 69 Introduction to French for Fun and Travel

Monday, 3:30-5, HEC226, 8 Sessions January 9-March 5 Hanni Rose

This is a French class for those who have never taken French or completely forgot what they knew. A textbook will be used as a guide, but will go off topic as questions arise. Experience with another Romance language is an asset. Required Material: *Barron's E-Z French* or *French Now!*.

**Please note that there is no class on January 16, Martin Luther King Holiday.**

**Hanni Rose** has no experience as a formal instructor; just a lifetime of studying and working as a bilingual secretary/administrator in Tunisia and the World Bank in Washington. Since Hanni retired 12 years ago, most of her exposure to the language has been from films, both new and classics. This will be a voyage of rediscovery as she answers your questions.

**Class Size: 25**

## 70 Mysteries In Our Backyard

Tuesday, 9-10:30, HEC226, 6 Sessions January 3-February 7 Mullaly/Vaughn

The Jackson County genealogical and historical societies are providing an opportunity for those who take this course to solve local history mysteries. Students will meet at several research venues to hear and consult with experts and interact with special collections. In the end, participants will share their adventures as history detectives.

**Alice Mullaly and Nancy Vaughn** will be guides through this class. They are both former teachers who are curious about the history of our local community and how it shapes our future. Each week different experts will provide information on ways to explore local history questions: Anne Billeter, genealogist and librarian, Rogue Valley Genealogy Society, genealogy library; Pat Harper, manager of Southern Oregon Historical Society research library; Julie Drenghon, reference librarian, Medford Branch of the Jackson County Library System; Roger Roberts, former County surveyor; Chuck Eccleston, genealogist and local history researcher; and you who will become the expert on your mystery.

**Class Size: 25**

## 71 It's an Inside Job: Do You Want a Home-Based Business?

Wednesday, 1-3:00, HEC226, 8 Sessions January 4-February 22 Barbara Swanson

This course explains what it takes to truly "be your own boss". It is part practicum, with statistics; part personal growth, with exercises; and part psychology class, to clarify how to successfully work for yourself. **Required Material:** pencil and paper, colored pens and pencils; glue sticks and construction paper.

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**Barbara Swanson** has been an entrepreneur for over 20 years. She has a successful home-based business with several thousand clients and several hundred business associates. Barbara loves to help people succeed, and success is not defined by me, but by their desires.

**Class Size: 45**

## **72 Beyond Diets: Eating for Life**

*Wednesday, 9-10:30, HEC226, 8 Sessions January 4-February 22* *Barbara Swanson*

This course gives a working, layman's education on the complex subject of nutrition. Class includes lecture and demos as well as individualized health/nutritional intakes. The material is easy to understand, includes useful science on how nutrition affects aging, and students will get simple guidelines to avoid premature aging processes. No prior education is needed. No books are required.

**Barbara Swanson** has been studying nutrition for over 20 years. She has had classes with some of the foremost nutritional experts in the field of alternative health, including Viktoras Kulvinskas, Steve Gagne and Russell Mariani. Barbara's philosophy is that any positive choice is better than none! Therefore, she helps people prioritize their nutritional needs and choices in the simplest way possible.

**Class Size: 45**

## **73 The Natural History and Physiology of Muscle**

*Friday, 9-10:30, HEC226, 8 Sessions January 6-February 24* *Bernie Hartman*

This class will be a comparative exploration of muscle, the engine that animates behavior in all animals. Muscle comprises 40% of the body mass of humans in decent physical shape. Crabs have them, clams have them, even lowly worms have them. Using a series of examples, the structural basis of contraction, muscle mechanics, the sources of energy to contracting muscles, and how muscle is controlled by the nervous system will be discussed. Vegans welcome!

**Bernie Hartman** has a Ph.D. in Comparative Physiology from the University of Connecticut. An avid, competitive long-distance runner until 2001, his research and publications focused on proprioception, the senses that permit coordinated control of muscles.

**Class Size: 45**

## **74 The 1787 Constitutional Convention**

*Thursday, 9-10:30, HEC226, 4 Sessions January 5-January 26* *Joel Marks*

The Constitutional Convention of 1787 is not talked or lectured about much because most Americans are not exactly sure what happened. I will start with General Washington at the battle of Trenton, up to the need for the Convention and the circumstances. We will then discuss how the Founders got their great ideas and who were the movers and shakers of the Convention. We will then talk about the specifics of the Convention and representation, slavery, the commerce clause, Franklin's pleas for prayer, what the founders feared most, who signed and who didn't, the consensus building and compromise, the methods of voting, etc. At this point, we will talk about ratification in the states up to and including Washington as President and the adoption of the bill of rights.

**Joel Marks** has an MBA from the City University of Seattle. He has been a lifelong student of government: elected office 4 years as City Council, 5 years on the school board, 2 years with the Water/Sewer Board and 6 years with the RVTD.

**Class Size: 45**

Website: [www.sou.edu/olli](http://www.sou.edu/olli)

### **75 Thomas Jefferson Apostle of Liberty**

*Thursday, 9-10:30, HEC226, 4 Sessions February 2-February 23*

*Joel Marks*

Thomas Jefferson was the greatest of Americans. What made his life so great and amazing? His upbringing and schooling, Monticello, The Declaration of Independence, his term as Governor of Virginia, Minister to France, his wife's tragic death and the effect on his life, Secretary of State, his battles with Alexander Hamilton, his deep respect for learning, archeology, architect, musician, physician, paleontologist, writer, farmer, lawyer, linguist and on and on.

**Joel Marks** has an MBA from the City University of Seattle. He has been a lifelong student of government: elected office 4 years as City Council, 5 years on the school board, 2 years with the Water/Sewer Board and 6 years with the RVTD.

**Class Size: 45**

### **76 It's a Mystery - Reading and Discussion**

*Thursday, 1-3:00, HEC226, 8 Sessions January 5-February 23*

*Lenora Clark*

This course is an unstructured discussion and critique of a series of mystery sub-categories.

Students are not required to read a book every week, but may talk about titles they have read, viewed or listened to in the past if those items fit the focus of the discussion. This will provide a collective experience of the mystery genre, with each participant will learn from each other.

Topics covered include Legal Eagles, American Southwest, 19<sup>th</sup> Century, Crime (non-fiction), Arctic Circle, Detecting Duos, Skullduggery at Sea and New Orleans Nightmares.

**Lenora Clark** is a former teacher, librarian, storyteller, who has done quite a lot of travel in the Western United States. Mysteries are one of Lenora's major areas of interest. She has learned more from the series of seminars for OLLI in the past several years than she could ever have dreamed.

**Class Size: 25**

### **77 How the Earth Was Made 102**

*Friday, 11-12:30, HEC226, 10 Sessions January 6-March 9*

*Don Rebal*

The History Channel "How the Earth Was Made" video series will be the starting place for presentations designed to encourage questions about earthquakes, volcanoes, tsunamis, mountains, deserts and lots more. Understanding the forces and conditions that cause natural disasters and create the unique and magnificent features of the Earth enhances our appreciation of nature. No prior knowledge is necessary, and there is no assigned reading.

**Don Rebal** is retired from a multidisciplinary career that included a late-life, three year adventure as a high school science teacher.

**Class Size: 45**

### **78 The Internet - What It Is, How It Works**

*Monday, 9-10:30, HEC226, 2 Sessions February 6-February 13*

*Bill Bartlett*

This will be a fun and informative exploration into this now ubiquitous part of daily life. Who really invented it? Who owns it? Is it really free? What is a browser? What is a cookie? Is it safe?

The class will be a complete examination of the internet to help users better manage their web experience. Expect a thorough overview from searching to downloads to bookmarks and much more!

**Bill Bartlett** is a retired owner of numerous small businesses and remains the owner of Ashland Travel & Safari Company, professional travel planners. He also serves as the Managing Director of Orange Creative Group, a tri-state branding and marketing service agency.

**Class Size: 45**

### **79 How to Buy and Sell on eBay and Craig's List**

*Monday, 1-3:00, HEC226, 2 Sessions*

*February 6-February 13*

*Bill Bartlett*

This is a practical guide for new or infrequent users to register, research, buy and/or sell merchandise on eBay and Craig's List with special emphasis on protection from fraud and identity theft. The course will include all aspects of the process including payment and shipping options and the handling of returns or exchanges.

**Bill Bartlett** is a retired owner of numerous small businesses and remains the owner of Ashland Travel & Safari Company, professional travel planners. He also serves as the Managing Director of Orange Creative Group, a tri-state branding and marketing service agency.

**Class Size: 45**

### **80 Health Care Reform**

*Wednesday, 11-12:30, HEC226, 9 Sessions*

*January 11-March 7*

*Roger Howe*

This class will explore the case for government action in reforming the healthcare system including arguments related to quality, cost and availability. What does systems theory teach us about how hard it is to change complex systems? How can such systems be changed? Sessions will generally be an hour presentation followed by half-hour exploration with the class. The fifth session will be a workshop to allow participants to set goals for healthcare reform; during the final two sessions, the class will explore possible pathways to accomplishing the goals set by the class. **Optional Material:** *Healing Healthcare - How to Fix our Broken Healthcare System*, by Roger Howe (Durban House Press, 2008) (ISBN 978-0-9800067-3-2 or 978-0-9800067-3-5).

**Roger Howe** is a family physician who practiced in Mount Shasta for almost 25 years before embarking on a second career in healthcare administration. He has worked on large and small medical groups and as a senior executive in a health insurance company

**Class Size: 25**

### **81 The Game of Eleusis**

*Thursday, 11-12:30, HEC226, 4 Sessions*

*February 16-March 8*

*Roger Howe*

Eleusis is a game using playing cards to create a puzzle to be solved by inductive logic—the scientific method of experiment, theory and challenge. It is very simple to learn but engrossing and challenging to play, and it teaches a new appreciation for the scientific quest. The four sessions will include two to learn the game and one to play it. The additional one is in reserve.

**Roger Howe** is a family physician who practiced in Mount Shasta for almost 25 years before embarking on a second career in healthcare administration. He has worked on large and small medical groups and as a senior executive in a health insurance company

**Class Size: 16**